

# PIONEER PATHS

Newsletter of the Herb Society of America  
Pioneer Unit

May 2019

Volume 26, Number 9

May 1  
May Day

—  
May 4  
Bee Jubilee

—  
May 5  
Cinco de Mayo

—  
May 12  
Mothers' Day

—  
May 18  
Corn Planting  
Full Moon



—  
May 27  
Memorial Day

## MONTHLY UNIT MEETING

Date: May 9, 2019

Time: 9:30 a.m. Meet and Greet  
10:00 a.m. Presentation and Meeting

Location: Round Top Christian Fellowship Church  
440 East Mill Street, Round Top

Directions: From FM 237 at the Town Square, take Mill Street east past the square. The church is almost across from the Post Office; look to your right.

Program: Good Bugs, Bad Bugs

Speaker: Wizzie Brown, BCE

Angel: Carolyn Thomas  
Hosts: Cindy Nash, Ann Allen, Pat Cox, Mike Cox, Johnnie Pitts, and Kay Scanapico

Lunch: Dishes without Bugs



## MESSAGE FROM THE CHAIR

Spring weather has finally arrived and seems ready to stay for this year. Alas, my lawn has taken most of my free time (as usual), and I've lost count of the times I've re-mowed the same spot. But I do love working outside, and I enjoy seeing the butterflies returning.

We had a great time on our field trip. The docents at the Ladybird Johnson Wildflower Center were very enthusiastic and informative! What a wonderful place! The Natural Gardener Headquarters was a maze of garden shopping opportunities. Both have really grown from the last time I was there, many years ago. Check out <https://tngaustin.com> for an upcoming event. Many thanks to Kay Von Minden and Mary Reeves, Special Events Co-Chairs, for making it all happen.

Membership renewal time is here. The renewal form is posted on our website, and we will have more copies at the May meeting to catch anyone who has not yet renewed.

At the April Board meeting, minor changes to the Bylaws were proposed and are being sent to you for full membership review and approval. Bylaws changes require Board review, posting in the May newsletter, followed by membership vote at the yearly June business meeting. If approved, the changes will be reflected in the upcoming Yearbook publication in fall. Bylaw changes proposed are:

Page 28 (of the 2019 Yearbook)

### ARTICLE V

2.B. The Officers shall be elected by a majority vote of Active members present at the Unit Annual Meeting [in June].

3.A The Unit Chair shall appoint Standing Committee Chairs: ~~Archives, Rosemary, Education, Garden Coordinators, Hospitality, Membership, Newsletter, Nominating, Programs, Public Relations, Special Events, and Ways and Means, or any other Committee Chairs to serve with Committees until the next Annual Meeting.~~ [to serve for a period of 2 years.]

These changes are primarily for clarification and do not change Unit policy. We will review at the May meeting, but will not have our membership vote until June.

In other news, we have the need for a new Sensory Garden Co-Chair. Our current Sensory Garden Co-Chairs have been Johnnie Pitts and Marcella Ausmus. Johnnie Pitts served us well but has resigned due to health issues. Johnnie was responsible for some major updates to the Garden, including strengthening the school/garden connection. Marcella and others have been taking up the slack, and we very much appreciate their efforts. However, when the Sensory Garden was first established in 2007-2009, Unit support included a garden maintenance focus and an educational focus, with the educational piece building the relation between the Garden and the school. Doing it ALL has been a difficult, if not impossible, task for one Chair. We want to bring back the old organization and have two separate Chairs, one for the Garden and one for Education. Marcella will be continuing to coordinate support for maintenance of the Sensory Garden, but we are looking for someone to coordinate Sensory Education. Sensory-Education will provide the liaison between school and garden activities. We already have a contact at the school who is willing to work with us. Anyone who thinks they might be interested in interfacing with the school can contact either Henry Flowers or Karen Cornwell.

If you haven't already, please check out [smile.amazon.com](https://smile.amazon.com) — Amazon donates 0.5% of your eligible AmazonSmile purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know and use. Same products, same prices, and same service. On your first visit to AmazonSmile, you only need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at [smile.amazon.com](https://smile.amazon.com) will result in a donation. It is an easy way to contribute (to HSA, I hope) as part of your online shopping experience.

Hope your spring has been as wonderful and have a great May. See you at the meeting in Round Top.

Karen Cornwell  
Unit Chair

## FROM THE PROGRAMS CHAIR

Cooler and wetter weather is good for my garden (see pictures of roses). Have not seen many bees around though – I think because of the coolness? How does your garden grow?

Round Top Fellowship Church is our venue this month. It's a cozy building down from the post office with bright windows in a country setting. Our speaker is Elizabeth "Wizzie" Brown, entomologist and program specialist for Travis County. She will speak to us about pest identification so come prepared with all your questions on those "Good Bugs, Bad Bugs." I read that Wizzie has lots of beetle tattoos all over her back. I think this will be an informative talk! See you there!

Kathe Forrest  
Programs Chair



**MINUTES OF UNIT MEETING**  
**HERB SOCIETY OF AMERICA PIONEER UNIT**  
April 11, 2019

Karen Cornwell, Chair, welcomed members to the April meeting.

Tony Scanapico reported the sad news of the death of Richard Royall, Managing Director of the Round Top Festival Institute, with details of the visitation and burial.

Kathe Forrest, Vice Chair Programs, requested that members complete the survey she handed out soliciting opinions on recent programs and speakers and asking for suggestions for new programs. Kathe also pointed out a recycle container for lunch plates and cutlery.

Kathe then introduced speaker Bruce Leander with his program entitled 'Fine Art Wildflower and Nature Photography' with many beautiful photographs of the plants and wildlife at the Lady Bird Johnson Wildflower Center.

Kay von Minden reminded those members who have signed up for the field trip on April 26 to meet the bus in the parking lot at Festival Hill at 8:00 a.m. and to wear comfortable clothes and shoes. Docents will meet the group at the Wildflower Center for a tour, and after lunch the bus will take everyone to The Natural Gardener where members can get a 10% discount with their HSA card.

Georgia Sowers, Vice Chair Membership, welcomed visitors Debra Salcedo and Barbara and Tom Solis (all guests of Kathe Forrest).

Kathe asked members to vote on whether they would like their picture to be in the new Yearbook. She announced there will be a Honeybee Jubilee in New Ulm on May 4 and the Pioneer Unit needs volunteers to man a table. She also said Nathan Hanath, December's speaker, will have daylilies blooming at Magnolia Hill Gardens on 290 near Brenham in May and that currently he has organic vegetables for sale.

Lori Yeats thanked the lunch team and speaker angel Lynn Ehler. Door prizes were won by Susan Yancey and Cindy Nash.

Karen thanked everyone for their hard work at Forum which was very successful in spite of some cold weather. There was lots of help from new members and wonderful teamwork. A hat and vest and knife from Forum ended up in Lost and Found, but none were claimed at the meeting.

Pat Cox reminded members that discounted items from the Thyme Well Spent Shop were for sale today.

Respectfully submitted,  
Pat Cox, Secretary



## MEMBERSHIP INFORMATION

Our April 2019 Unit meeting was great, with an excellent program on Fine Art Nature Photography presented by Bruce Leander. Kathe Forrest had prospective member guests in attendance, Debra Salcedo from Brenham and Barbara Solis and her husband Tom Solis from Ledbetter, both for their first visits. Barbara volunteered her two joining hours with Kathe on April 5th when the Kindergarteners visited the Sensory Garden. Affiliate member Patricia Hoffmaster was with her mother Catherine Gardiner, and Marijane Lipscomb was also with us. We look forward to seeing all of you again.

Our membership year will be up before we know it, and several members are turning in their renewal forms and dues of \$67 individual, \$98 joint, and \$12 affiliate and lifetime members. Some members are paying but not filling out renewal forms because they have no changes. One of the unique items to check for on the renewal forms are ideas or comments, as well as areas to suggest Program Ideas and Field Trip Ideas. Membership acknowledges all these and forwards to the Program Chair and the Special Events Co-Chairs to be considered for future years. The Renewal forms will be available at the May meeting; dues are due May 1 and must be paid no later than June 15, 2019, to accommodate our Treasurer for her records. The form is available online at [www.herbsocietypioneer.org](http://www.herbsocietypioneer.org) and can be copied, filled in, and emailed to Membership.

Most all of us have achieved our 20 volunteer hours per year requirement and Membership looks forward to receiving these hours from the members. They may be reported in the blue Sign-In binder for members, but the easiest and most convenient way is to email your hours so we have a permanent record that can be copied and pasted to each member's page. The information will be included in the Membership Annual Report, always due to HSA before the end of July.

Active member Joyce Caddell has a new street address, #20 West Bluff View, La Grange Texas 78945-3187. Active member Cathy Comiskey has a new email address, [cjcomiskey42@gmail.com](mailto:cjcomiskey42@gmail.com). Please update your current yearbooks.

Most of us have been busy planting all our goodies from the Plant Sale 2019, myself as well. I had the neatest experience after prepping a garden area in the front yard. I was sitting on the porch swing relaxing when a lady I met a year ago walked by with her miniature pinscher pup and stopped to say hi. We chatted a couple of minutes from the porch to the street and I asked her to come sit awhile on the swing. (This sounds so sentimentally old-fashioned in these modern times and reminded me of years past when neighbors visited on porches). Anyway, Katherine Harlan and I visited for a half hour or more, mostly about gardening. She's a Master Naturalist and a Master Gardener. She was excited for me to add her to my email list and would have attended last month's Photography meeting but had to go to Houston. She also loves photography, as I do. When she left she said would have to try and get involved with our Unit!

Thank you all for reporting your hours so they can be recorded. As always, if you have any questions, comments, or ideas about Membership, please email me at [gzsowers@att.net](mailto:gzsowers@att.net) or call 979-836-8228. I look forward to seeing everyone at our meeting at 9:30 a.m., May 9th, at Round Top Christian Fellowship Church. Enjoy a wonderful Springtime!

Herbally,  
Georgia Sowers  
Membership Chair

## NEW MEMBERS INTRODUCE THEMSELVES



Lynda Perryman

I grew up on a dairy farm in Iowa where I helped my mother with her 2-acre garden and orchard. We virtually spent the summers canning and freezing fruits and vegetables.

I became a cardiovascular nurse specialist and worked for a cardio-thoracic surgeon 32 of 44 years of my nursing career. I currently work 1-2 days a week for Baylor Scott and White.

I enjoy family, gardening, reading, quilting, cooking/baking, and traveling.

Debi Thomas

Although I was born in Montana, I've been in the Houston area since the early 1970's. I spent all of my time working in Human Resources for companies in the oil and gas business from exploration to software development companies.

We have owned property in the New Ulm area since 1993 but only became full time in 2011. Since retiring, I've been able to try new recipes, travel and attempt to learn to crochet. I enjoy having a small vegetable garden plus growing a few herbs. I look forward to learning different ways to use the herbs I grow plus trying other varieties.

I have been a member of the Bluebonnet Master Gardeners Association since 2016 and assisted with the first two years of the kids camp they sponsored.

We have two married sons and five grandchildren which we enjoy having visit us in the country to spend time in the outdoors and get away from the city.



## MAY BIRTHDAYS

May 7 — Pam Traylor

May 9 — Louise Rice

May 11 — Terry Ross

May 12 — Jean Zavoda

May 22 — Joyce Lane

May 26 — Karen Springer

## CULINARY GROUP

The Culinary Group had a Moroccan feast using some of the preserved lemons made during the April meeting. We did NOT dress for the occasion.

The next meeting is off the regular schedule. We will be meeting on May 29 sampling our offerings of deviled eggs and beverages to wash them down.

The June meeting of the Culinary Group will be a field trip to Phoenicia so bring your debit card, checkbook and cash to buy all the spices, teas, etc. your heart desires. After that we will go to Himalaya (Indian restaurant) to revive ourselves.



## Pioneer Unit Officer Elections

We are about a year out from needing to elect new officers for the Pioneer Unit Board, but it is never too early to be thinking about and working on a new slate of officers.

If you are interested in serving in the capacity as one of the elected officers, please let me know and I'd be glad to answer any questions that you may have. The elected officers are: Unit Chair, 1st Vice Chair—Programs, 2nd Vice Chair—Membership, Secretary, and Treasurer.

Job descriptions are located on our unit website, and each gives an overview of what is entailed for each job.

Another reason to be thinking ahead is that if you are interested in one of these positions, it is great to work with and be mentored by the person who currently holds that position. It is also a great help, if you haven't done so, to attend a board meeting or two in order to get acquainted with how the board works. Remember that any member can attend a board meeting, but participation by non-board members must be approved prior to the meeting by the Unit Chair so that the discussion can be placed on the agenda.

In addition to the officers which are elected, the Unit Chair appoints other unit members to serve as committee chairmen. If you are interested in any of these positions (they are all listed in the yearbook), then please express interest to the Chair or the current committee chair. There are also job descriptions for these positions on the website.

If you are interested in working on a committee, but don't feel that you are yet ready to take on a chairmanship, then please express interest to the current committee chair or the Unit Chair and they'll be glad to get you involved. Once you are involved and know what needs to be done, you will likely develop the confidence to take on a leadership role.

The Pioneer Unit is a great group with a lot of very talented and interesting members and the more you get involved the more you will learn! I personally have learned a great deal by serving on a variety of positions on the Pioneer Unit board during my 16 years of membership, and it has been very rewarding.

Again, if you have any questions, please feel free to contact me, and I hope I'll be able to answer them.

Have a wonderful spring!  
Henry Flowers  
Pioneer Unit Past Chair and Chair of Nominating Committee





The New Ulm Chamber of Commerce is launching the **Honey Bee Jubilee** on May 4, 2019, in conjunction with the New Ulm Art Festival. The mission of the Honey Bee Jubilee is to provide enjoyment, entertainment, and education about honey and bees of all kinds, including effects on agriculture, nature, health, and well being. The Jubilee will be held from 10 a.m. to 6 p.m. in New Ulm, at St. John's Lutheran Church and the Lion's Club. Admission is **FREE TO THE PUBLIC**.

The Pioneer Unit will have a table at the Bee Jubilee, and members will be present to talk to interested persons about the Unit and about anise hyssop, the Herb Society of America Herb of the Year 2019 — a great plant for bees!

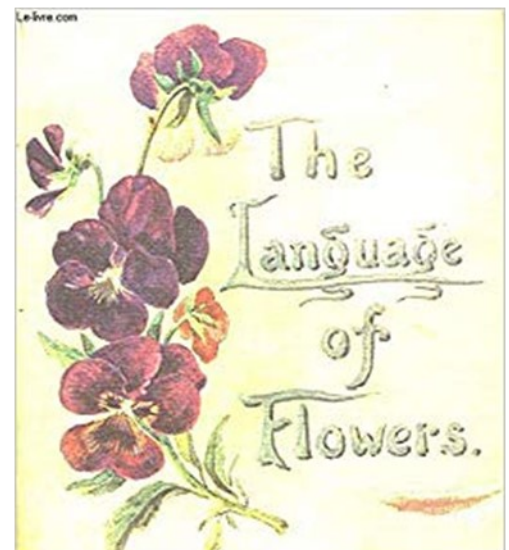
The Unit's participation fulfills part of the mission of our Unit and of HSA — to provide education about herbs to the public.

If you have not signed up but want to participate in this event, contact Kathe Forrest at [kforrest58@gmail.com](mailto:kforrest58@gmail.com)



## The Language of Flowers and Herbs

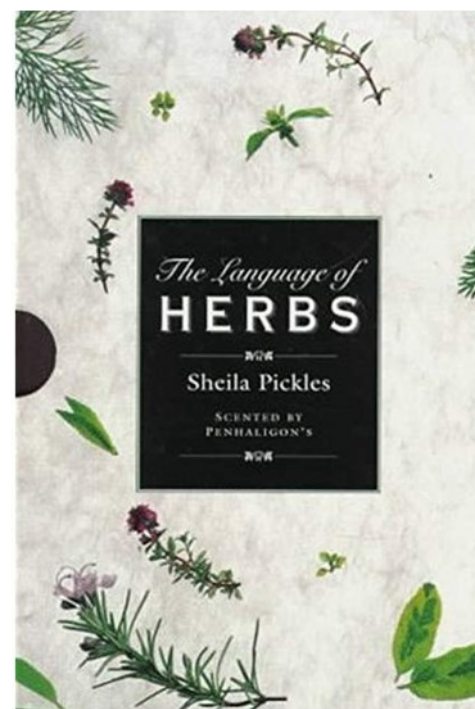
Amaryllis	Pride
Anemone	Forsaken
Boxwood	Stoicism
Camellia	Perfected Loveliness
Carnation, Pink	I'll Never Forget You
Carnation, Red	Alas! for my poor heart
Carnation, yellow	Disdain
Chrysanthemum, Red	I love
Chrysanthemum, White	Truth / Sweetness
Chrysanthemum, Yellow	Slighted Love / Disdain
Clematis	Mental Beauty
Columbine	Folly
Coreopsis	Always cheerful
Cornflower	Delicacy
Crape Myrtle	Eloquence
Cyclamen	Diffidence
Daffodil	Regard and Chivalry
Daisy	Innocence
Daisy, Gerbera	Purity
Dandelion	Oracle
Daylily, Yellow	Coquetry
Gardenia	Grace
Geranium	Melancholy
Geranium, Pink	Preference
Geranium, Red	Comfort
Holly	Hope
Hollyhock	Female Ambition
Honeysuckle	Sweetness of Disposition / Bonds of Love
Hyacinth	Sorrow
Hydrangea	A Boaster / Heartlessness
Iris	Message
Ivy	Fidelity / Marriage
Jasmine	Grace and Elegance
Lily	Purity
Magnolia	Dignity
Marigold (Calendula)	Grief/Despair
Marigold, French	Jealousy
Narcissus	Egotism
Nasturtium	Patriotism
Olive	Peace
Orchid	A Belle
Pansy	Thoughts
Passion Flower	Faith
Phlox	Agreement / Unanimity
Poppy	Fantastic Extravagance
Rose	Love / Beauty
Rose, white	I am worthy of you /Silence
Rose, China	Beauty Always New
Rose, red	Passionate Love



Rose, Pink	Perfect Happiness
Rose, yellow	Decrease of Love /Jealousy / Friendship
Salvia, Blue	I Think of You
Salvia, Red	Forever Mine
Snapdragon	Impetuosity / Presumption
Sunflower	Haughtiness
Sweet Alyssum	Worth beyond beauty
Sweetpea	Lasting Pleasure
Texas Bluebonnet	True Friendship
Tulip	Declaration of Love
Violet	Modesty
Wallflower	Fidelity in Adversity
Waterlily	Purity of Heart
Wood Sorrel	Joy
Yarrow	War
Zinnia	Thoughts of Absent Friends

**Herbs:**

Basil	Hatred / Love
Basil, Sweet	Good Wishes
Bay	Glory
Borage	Courage/ Bluntness
Chamomile	Energy in Adversity / Patience
Chives	Usefulness
Coriander	Concealed Merit
Dill	Lust / Power Against Evil
Fennel	Worthy of All Praise
Garlic	Strength / Courage
Heartsease	You Occupy my Thoughts
Lavender	Distrust / Devotion
Marjoram	Blushes
Mint	Virtue
Myrtle	Love in Marriage/ Good Luck
Nasturtium	Patriotism
Parsley	Festivity
Peppermint	Warmth of Feeling
Rosemary	Remembrance
Rue	Disdain
Sage	Domestic Virtue / Wisdom
Savory	Spice/ Interest
Sorrel	Affection
Spearmint	Female Fidelity
Tarragon	Absence
Thyme	Activity
Verbena, Lemon	Sensibility
Wormwood	Absence / Bitterness



Henry Flowers  
HSA Pioneer Unit

I recently did a program on this topic and thought that I might share the handout with you. It is a fascinating topic and entails a lot of history. Enjoy!

## HERB SOCIETY OF AMERICA

Have you visited the Herb Society of America website lately? There is much to learn there. The herb of the month of May is Thai basil, and the web site features interesting facts about the herb as well as recipes using Thai basil. You can also explore information about the herbs of the month of January through April. Visit monthly to get excited about a new herb each month!

The website also promotes webinars, which are scheduled each month. You can sign up on the website, and there is no cost for members. The coming webinars are:

*How to Grow and Use Luffa (Loofah)* with Janice Cox, author of Natural Beauty at Home, on Tuesday, May 14, 2019 - 1 p.m. Eastern

*A Taste for Herbs* with Sue Goetz, author of A Taste for Herbs, on Wednesday June 20, 2019 - 1 p.m. Eastern

*Incredible Edibles: Flowers in the Kitchen*, with Susan Belsinger, HSA Honorary President, on Thursday, July 25, 2019 - 1 p.m. Eastern

And it is not too late to register for the annual meeting of members of HSA!

### **2019 Educational Conference and Annual Meeting of Members Thursday, June 13th through Saturday, June 15, 2019 | Madison, Wisconsin**

For many of us the best part of membership is when we connect with each other. The 2019 Annual Meeting of Members and Educational Conference (EdCon) will provide ample opportunity to grow, learn, and connect with members across the country. EdCon will kick off with an amazing preconference tour in and around Madison. Stops will include the University of Madison Arboretum which features the Longenecker Horticultural Gardens and the Wisconsin Native Plant Garden designed by noted landscape architect Darrel Morrison.

The tour continues on to Madison's most popular attraction, the Olbrich Botanical Gardens, which offers over a dozen gardens including a sunken English style garden, rock garden, meadow garden, herb garden, and rose garden, to name a few. After a day of touring attractions, meet up with friends and members at an outdoor reception at the University of Wisconsin-Madison's Horticulture Department's botanical garden known as the Allen Centennial Garden.

The HSA Annual Meeting of Members leads off the business activities where you will hear updates from the Board of Directors and have opportunities to take advantage of committee meetings to further catch up and connect with fellow members. Of course, EdCon wouldn't be complete without a diverse range of speakers who offer new and interesting ways to look at our useful plants as well as bringing fresh energy and ideas to topics we think we have already conquered. The youth and energy of Madison will set the tone and be our catalyst for making new connections and growth.

# May 2019



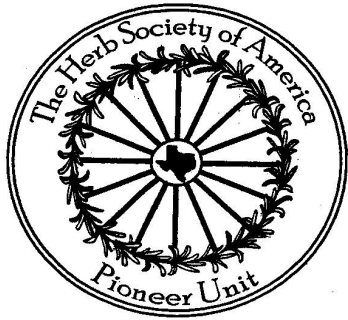
Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden		1	2	3	4 Bee Jubilee New Ulm
5	6	7	8	9 PU Meeting	10	11
12 Mothers' Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26 Newsletter Deadline lrowlett@gmail.com	27	28	29 CG at 11:00 Menke House	30	31	



# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden					1
2	3	4	5 CG at 11:00 Menke House	6	7	8
9	10	11	12	13 PU Meeting Annual Meeting	14 EdCon	15 EdCon
16 Fathers' Day	17	18	19	20	21	22
23 Newsletter Deadline lrowlett@gmail.com	24	25	26	27	28	29
30						





## PIONEER PATHS

Volume 26

Editor: Linda L. Rowlett, Ph.D.

Pioneer Paths is a publication of The Herb Society of America, Pioneer Unit. Nonmember subscriptions are available for \$10.00 per year.

The Mission Statement of The Herb Society of America: "To promote the knowledge, use, and delight of herbs through educational programs, research, and sharing the experience of its members with the community."

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Chair—Karen Cornwall

Vice Chair Programs—Kathe Forrest  
Secretary—Pat Cox

Vice Chair Membership—Georgia Sowers  
Treasurer—Beverly Elam

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The Herb Society of America  
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