



# PIONEER PATHS

## Newsletter of the Herb Society of America Pioneer Unit

August 2018

Volume 25, Number 12

August 11-13

Perseid Meteor Shower

August 26

Green Corn Full Moon



Hello, Everyone!

Summertime, and the living is hot and dry. Stay hydrated if you go out and remember Festival Hill and Sensory gardens both need special attention to get them through these hot days. Contact Pat Garrett or Johnnie Pitts if you have any morning time to spend in the gardens. Every little bit helps!

The 2019 Forum will not have plants normally propagated in the FH greenhouse and sold at the Plant Sale. Festival Hill no longer has staff willing and able to manage and care for greenhouse raised plants this year. However, I am reminded that our members may have special plants that they might be willing to propagate and donate to our March sale. If you do, please contact Henry. He will continue as our plant "orderer" and should be kept in the loop. We can provide you with potting soil and containers should you be willing to help. Just let us know what you have to grow and keep over the winter for contribution in March. As with any other Unit-supporting task, time spent will count towards volunteer time requirements.

This year we also have funds to support workshops on new topics. It would be terrific if you would be willing to share your expertise with our Unit, and the public, as appropriate. Please contact Barbara Hemmer if you have ideas. I know she will be happy to talk with you about your interests.

I plan to attend the South Central District Gathering, September 28-29 in Cleburne, Texas. I've not yet seen the registration information, but it should be available soon. These events are always a pleasure to attend. I hope to see you there. Our Unit will be providing table decorations for the Saturday dinner after the programs. Contact Linda Hartson if you plan to attend and would like to help. You can find the most recent District newsletter at

[http://d31hzhk6di2h5.cloudfront.net/20180712/8b/ac/97/45/8d6d65e3d57f78de0c781a29/South\\_Central\\_Summer\\_2018\\_Newsletter\\_rm\\_2.pdf](http://d31hzhk6di2h5.cloudfront.net/20180712/8b/ac/97/45/8d6d65e3d57f78de0c781a29/South_Central_Summer_2018_Newsletter_rm_2.pdf)

Each year we have a new Yearbook to reflect the current membership, as well as other changes. Please be sure your contact information is correct. Updates can be forwarded to Georgia Sowers or Terry Ross, our Membership Co-Chairs.

Enjoy the rest of the summer. Keep cool. See you in September.

Karen Cornwell, Unit Chair

## From The Programs Chair

Greetings All,

I hope everyone is finding a way to stay cool and keep your plants alive during this HOT summer. I have included a picture of that mysterious oregano some of us got at one of the meetings. It appears to love this weather.

I took many of your suggestions for our line up this year – including a program on the elusive bat that we have been missing. Other topics to look forward to are succulents, herbal tinctures, the eco landscape, aquaponics, and many more.

We begin this September with our resident horticulturist Henry Flowers speaking about "Simply Herbs."

Kathe Forrest  
Programs Chair



**MINUTES OF UNIT MEETING  
HERB SOCIETY OF AMERICA PIONEER UNIT (PU)  
JULY 12, 2018**

Karen Cornwell, Chair, welcomed members. Phoebe Lake welcomed today's speaker and Unit member Kathe Forrest who presented a program about homeopathy which is a new topic for the Unit.

Georgia Sowers, Vice-Chair Membership, welcomed visitors Paritosho Banik, Leesa Reece, and Janet Van Oonk (guests of Peggy Richardson), Susie Villarreal and Linda Yochim (guests of Beverly Elam), Charlene Free (guest of Madeline Johnson), Becky Nichols and Leah Pearce (guests of Sherrie Tolbert), Jo Ann Reichle (guest of Janie Cornelius), and Dianne Singeltary (guest of Lori Yeats). Karen advised new members with questions to contact her or Georgia.

Carolyn Thomas asked for volunteers to form weeding groups for the Festival Hill gardens. FH Garden Chair Pat Garrett is out of town until August and volunteers should contact Wanda Hubbard. The Pharmacy Garden irrigation system has been fixed and mulch purchased.

Johnnie Pitts, Sensory Garden Committee Chair, thanked the volunteers who have been watering and said there would be a work day in September.

Pam Traylor asked those who have not signed up to do hostess duties to do so. She thanked lunch hostesses Sherrie Tolbert, Susan Bame, Diana Reed, Leah Pearce, Beverly Elam, and Jana Richardson. Lori Yeats, new Hospitality Chair, announced door prize winners Beverly Nicholls, Linda Rowlett, Joyce Caddell, Mary Doebbeling, Cheryl Easley, and Janie Cornelius.

Jane Press, Thyme Well Spent Shop Co-Chair, asked for donations of peaches, blackberries, and red jalapenos for jelly-making; for volunteers to make stitched items; and for a donation of an old quilt from which to make shop items. Members were asked to keep in mind that tea is the Herb of the Year when researching recipes for the shop.

Karen reminded members that Henry is ordering tea plants for Forum and needs "babysitters" for these until next March. He will also order extra plants for members if wanted.

Mary Doebbeling reminded members about the South Central District Meeting in Cleburne, Texas, on September 28/29. There will be a silent auction, raffle, workshops, and a Green Bridges program. The Hampton Inn in Cleburne is holding twenty rooms for the event, and Linda Hartson will head a group of Pioneer Unit members to make centerpieces for the Saturday dinner.

There is no Unit meeting in August. September's program will be presented by Henry Flowers. The meeting was adjourned for lunch.

Respectfully submitted,  
Pat Cox, Secretary

## TOP TEN HOMEOPATHIC REMEDIES FOR YOUR FIRST AID KIT

### 1. ACONITE

This remedy is great for shock, such as from bad news or from having a fall. It is also very effective for treating conditions which come on suddenly, like a sudden sore throat or headache.

### 2. APIS

You'll want this one in your kit when you go on holiday! This remedy is used to treat insect bites or stings and allergic reactions which can be caused by these.

### 3. ARNICA

This is the classic remedy for trauma, injury and bruising

### 4. ARSENICUM

This is your go-to remedy for food-poisoning.

### 5. CALENDULA

This remedy is for wounds, cuts, and burns.

### 6. BELLADONNA

Use belladonna for fever and sunstroke.

### 7. HEPAR SULPH

Very painful and infected wounds and abscesses respond well to this remedy.

### 8. NUX VOMICA

This remedy can be a life-saver in the case of hangover! It also works well for stomach upsets and headaches which were caused by overindulgence in food and / or alcohol.

### 9. RHUS TOX

This is a versatile remedy, which can be used to treat bruised and sore muscles and joints, also poison ivy.

### 10. SULPHUR

This is your remedy for skin problems.

[From Kathe Forrest. This is the slide everyone wanted to copy at the July Pioneer Unit meeting.]



## MEMBERSHIP INFORMATION

Our meeting in July with active member Kathe Forrest's presentation about Homeopathy was overwhelmingly attended with 10 guests and prospective active members! Paritosho Banik, Leesa Reece, and Janet Van Oonk were guests of Peggy Richardson. Susie Villarreal and Linda Yochim were in attendance with Beverly Elam. Charlene Free was Madeline Johnson's guest. Becky Nichols and Leah Pearce were guests of Sherrie Tolbert. Dianne Singeltary was visiting us again with Lori Yeats. JoAnn Reichle was with Janie Cornelius. JoAnn and Leah are well on their way to becoming our first active members of the new fiscal year July 2018 to June 2019! Wanda Hubbard and Susan Yancey had their husbands Norm and Mike with them. Our affiliate members in attendance were Marijane Lipscomb, Jerald Mize, and Mary Sockwell. We look forward to seeing all of you again.

The Registration Binder for active and affiliate members has new sign-in records effective July 1, 2018, for reporting your attendance, volunteer hours and non-reimbursable donations. Because we have many new members and to all members, here is an idea about reporting your timesheet records. A consideration would be to record your hours at home on a sheet of paper, in back of your yearbooks, in a calendar-journal you keep, or any method suitable to you. Your attendance may also be kept this way. Several members email their hours and attendance to me (this is perfect for Membership having a concrete copy to record on your individual record in my computer and saved to file). Others email scanned photos of their records. Some members take their sheet out of the binder at the meetings and fill in, returning it to the binder before leaving. (This might take away from your time visiting with members and the presenter at meetings.) Often, the Host Team and the Angels are really busy and may forget to include their hours and donations. It is easy for me to check the yearbook in these instances and log in the appropriate hours for them on my time at home.

Several, if not many, members and new Board-Committee and Co-Chair members have questions about how they earn volunteer hours. These hours would consist of attending Board meetings (3 hours); Committee Chairs activities as whatever their responsibilities are, earning hours for those as incurred; educational volunteering; research hours; newsletter articles (usually 4 hours), and foremost are ongoing Forum Prep, where workshop (usually 2-1/2 hours and 4-5+ hours for the Host) and other activities earn hours. There are myriad avenues to consider for fulfilling the 20 required volunteer hours, but it's evident that most of our members earn way beyond while enjoying the community spirit and environment of our organization. Many of our members report their hours as they occur, weekly, monthly, quarterly, and even bi-yearly. Whatever works for you works for me. Per HSA National, your hours do not need to be totally detailed to the minute, rounded is fine, but should be categorized as to how earned: Gardens, Forum, Forum Prep, Hosting-Angel, Educational/Share With the Community, Unit Administration, Other as Approved, etc. As always, for questions, concerns, and comments about Membership, please email me at [gzsowers@att.net](mailto:gzsowers@att.net) or call 979-836-8228. You may also email Membership Co-Chair Terry Ross at [terryr@cvctx.com](mailto:terryr@cvctx.com) or call 979-966-7133 for her guidance. Others of our membership body are also happy to help.

So here we are in our off-month of August with no meeting. It will be great to meet again in September to welcome Fall 2018! Enjoy time with your families, vacations, and even just downtime.

Herbally yours,  
Georgia Sowers  
Membership CoChair

## The History and Mystery of Herbs

### Violet – The Flower of Modesty, Faithfulness and Innocence



Botanical Name: *Viola odorata*  
Common Name(s): violet, sweet violet  
Family: Violaceae

"Down in a green and shady bed,  
A modest violet grew;  
Its stalk was bent, it hung its head,  
As if to hide from view."  
Jane Taylor, "*The Violet*"

The sweet violet has always been one of my favorite flowers. In fact, it may be second only to the rose and might surpass that lovely flower if only it would bloom longer. Both of these iconic flowers are associated with color, but unlike the rose, which is associated with certain hues of pink (which is itself a tint of red), the violet actually lends its name to a "real" color. Some may refer to this color as purple, but violet exists as a color on the electromagnetic spectrum between blue and ultraviolet. Purple is only a "perceived color" that is a mixture of red and blue. Perhaps I love the violet for its color, which happens to be my favorite, or perhaps it is the intoxicating fragrance. Maybe it is the earliness of its bloom, its diminutive stature, or possibly its intriguing history. Maybe (and most likely) it is "all of the above."

The sweet violet is a perennial in the family to which it lends its name—the Violaceae. Other members of this family include our beloved pansies and violas, as well as a plethora of other diminutive plants that are lesser known. Violets will tolerate full sun, but in our climate they thrive in areas that receive shade in the summer—under a deciduous tree is a great place to plant them. They prefer a moist, but well-drained soil and can survive very cold temperatures (although there are some species such as the Australian violet (*Viola hederacea*), that prefer milder regions like ours. If planted in large beds they should be up front as most violets get only 6-8 inches tall at most. They spread by stolons which produce small plantlets that root as they reach the ground (much like strawberries). They also spread by seeds. Violets are noted for producing both chasmogamous and cleistogamous flowers. Chasmogamous flowers are the beautiful ones we see, which are colorful and attractive to pollinators such as bees. They often appear in spring. Cleistogamous flowers are odd flowers. They often (not always) lack petals and may never open and more often appear in summer and fall. With some violets having both types of flowers the chasmogamous ones are often sterile and the cleistogamous ones fertile.

Most violet flowers are bilaterally symmetrical with five petals and five sepals which persist after the petals drop. The fruit is a capsule with three valves, each containing many small nutlets which may be flung many feet when the capsule opens. Most violets (pansies and violas too) are easily propagated by seed.

It is believed that the sweet violet had its origin in the Mediterranean and Near East—thus the following...

The folklore of the violet is fascinating. A Greek legend tells of the god Zeus enamored of a nymph named Io. He sought to hide her from his wife, Hera, and thus turned her into a white cow. She despised having to eat grass, so Zeus changed her tears into the violet for her, and only her, to eat.

A separate Greek legend says that Ion, the founder of Athens, was welcomed by water nymphs who gave him the violet as a token of their good wishes. It became the emblem of Athens and a symbol of the

Continued on next page

nymphs' beauty, innocence and modesty. Many Greeks (and Persians too) believe that an infusion of violet flowers can cure a broken heart—leading to the violet (and its cousin the Johnny-Jump-Up) to be known as "heartsease." In Greek the violet is known as ion and one chemical constituent of the violets' unique aroma is known as ionine.

A Roman myth says that Venus argued with Cupid about whether she or a group of young girls was more beautiful. Cupid chose the girls, which sent Venus into such a rage that she beat the girls until they were so blue with bruising that they turned into violets. The Romans also believed that the violet was a potent charm against drunkenness and that if a wreath of violets was worn on a day after heavy drinking, that they would relieve a hangover. The Romans also associated the violet with **innocence** and the flowers were often sprinkled on the graves of deceased children.

Most traditionally the violet is associated in the Language of Flowers with **modesty**. Violets tend to be small plants and often hide their flowers in their foliage. They are sometimes known as Our Lady's Modesty as legend says that the violet first flowered when Mary said, "Behold I am the handmaid of the Lord," in response to the Angel Gabriel telling her that she would be the mother of the son of God. Another Christian legend says that the violet at one time had sturdy, long flower stems that held its flowers well above the foliage until the shadow of the Cross fell upon them and they bowed their heads in shame at what humanity had done.

#### Napoleon and Josephine

Many of you likely know of the fondness of the Empress Josephine, first wife of Napoleon, for the rose, which she collected and had painted by the imminent botanical illustrator Pierre Joseph Redoute. One of her middle names is Rose and Napoleon often called her by that name. But both Napoleon and Josephine were also quite fond of the violet. Josephine wore violets on her wedding day and on each anniversary Napoleon sent her a posy of the flowers. Along with roses she grew a variety of violets in her garden, which set a gardening trend in France. At her funeral violet flowers were showered down upon her coffin as it was lowered into the ground.

Napoleon's own love of the violet was so profound that in time he became known as Corporal Violet or Le Père Violet. During his first exile to Elba his supporters, while forced underground, identified themselves with badges of violets. After his exile to St. Helena he was allowed to return to France to visit Josephine's grave and while there picked violets that he kept in a locket around his neck until his own death. Even though Napoleon had his marriage to Josephine annulled for reasons of politics and in the hope of gaining an heir (it is believed that Josephine could no longer bear children after an illness which nearly killed her), he obviously continued to love her quite deeply.

Napoleon III also chose the violet as his personal floral symbol and when he first met his future wife Eugenie she was wearing a violet gown and had violets adorning her hair. They too had bouquets of violets at their wedding.

Another great empress, Queen Victoria, also chose the violet as her favorite flower, which led to their popularity throughout the Victorian era and the height of popularity of the Language of Flowers.

Culinary uses: The violet has long been used in culinary creations. Its flowers can be candied (as are violas and pansies) and are used to decorated cakes and other confections. Its flowers are also beautiful if picked fresh and added to salads. Its essence can be used to flavor desserts such as custards, or fruit salads and herbal teas. Violet leaves can be added to salads, but I'm told that they don't have much taste. In France a syrup is made with the flavor of violet flowers infused. It can be used like any other syrup, but is also noted for its use as a flavoring in scones and marshmallows. It is also fabulous when added to chocolate.

Medicinal uses: Although not known as a major medicinal plant, the violet does have some medicinal uses. It has been used to treat the cough of children who suffer from asthma and been shown to have some beneficial effects with insomnia, but it is not considered a medicinal herb of any great importance.

Perfumery: Perhaps the best known use of the sweet violet is the use of its floral essence in perfumery. In Victorian England it was one of the most popular of fragrances. Today it is still used in a variety of perfumes. The essence of its foliage is also sometimes used. One strain of sweet violet in particular is prized for its rich aroma—the Parma violets. These richly aromatic varieties were first bred in Italy and, though not totally sterile, bloomed heavily due to poor seed production. One of the most iconic of all violet varieties is the "Duchess of Parma", which is a soft lavender in color, has double petalled flowers and a most intoxicating fragrance. One of my favorite perfumes is Violetta by Penhaligon's. Alas, they no longer produce it, but I can always catch a whiff in my favorite Language of Flowers book by their former owner Sheila Pickles.

Other information of note:

- Some species of *Viola* are larval foods for a variety of butterfly species around the world.
- Before it was supplanted by the poppy, the violet was the symbol of remembrance of the soldiers from Australia and New Zealand who died in World War I.
- Shy girls are often referred to as "shrinking violets."
- A dream of violets is said to foretell of an advancement in life.
- The African Violet is not a true violet—it is a member of the gesneriad family (along with the Gloxinia) and is a tropical, not hardy plant.

"If you love violets, you are someone who attracts a lot of attention, even though you never push yourself forward. This has much to do with your charm and sweet nature. Yours is a beautiful soul and this is probably reflected in your outward appearance." - Samantha Gray

"Violet is for faithfulness,  
Which in me shall abide;  
Hoping likewise that from your heart  
You will not let it slide." - Unknown

"How they would lose their beauty were they to throng into the highway crying out, 'Admire me—I am a violet.'" - John Keats

For Hamlet, and the trifling of his favour  
Hold it a fashion, and a toy in blood;  
A violet in the youth of primary nature  
Forward, not permanent, sweet, not lasting,  
The perfume and suppliance of a minute;  
No more.  
Hamlet, William Shakespeare

-As opposed to modest, Shakespeare refers to the violet as "forward" - an allusion to the fact that it blooms early and is (at least in England) a herald of the summer.

Henry Flowers



## MINT EVENT AT FESTIVAL HILL

Monday, August 20 at 8:30 am

The Botany Study Group will host a mint event at which you will learn mint care and uses of mint. Also we will clean the mint collection on the patio behind the Menke House.

Refreshing mint water will be offered on arrival and more to drink as we are working. There will be tastings of watermelon with mint, Cream de Menthe ice cream, and just a taste of Chocolate Mint Liqueur. Recipes will be available.

Sara Holland learned to care for mints from Madalene Hill and will teach you how to grow, harvest and maintain mints. We will clean the mints of the collection by cutting stems and roots, adding potting soil as needed, and fertilizing. You will be able to take cuttings from the collection to start your very own collection.

The limit is 8 members so sign up before spaces are filled:

Carolyn Thomas, 979-251-8386 or email [cthomas1138@aol.com](mailto:cthomas1138@aol.com)



### AUGUST BIRTHDAYS

August 6 — Kay Von Minden

August 13 — Johanna Hoiseth

August 14 — Susan Yancey

August 16 — Catherine Hall

August 23 — Pamela Murski

August 25 — Carolyn Hayes

August 31 — Patricia Hoffmaster

## SOUTH CENTRAL DISTRICT, HSA FALL GATHERING

The District Gathering is scheduled for September 28-29 in Cleburne, Texas. Until more information is forthcoming, contact Mary Doebbeling at 817-475-6069 or email: ourthymegarden@yahoo.com

Lodging: Hampton Inn & Suites @ \$97.00 per night (meeting rate). 1996 West Henderson Street, Cleburne, Texas

Liberty Hotel 205 South Caddo Street, Cleburne, Texas – Old and restored, no special rates but picturesque.

Schedule: Friday September 28, Reception 4-5 p.m., Mary Doebbling's home  
Saturday September 29, Meeting and Program at Ascension Lutheran Church

### Speakers and Topics:

Randy Johnson, "Plants and Pollinators"

Sara Holland, "Shrubs and Switchels"

GreenBridges

There will be a Silent Auction and Herbal Marketplace.

## SENSORY GARDEN

I would like to welcome Marcella Ausmus on board as my co-chair for the Sensory Garden. Her acceptance made my day! I look forward to working with her as I know all of you do.

Just thanks again for all of you braving the heat to water. The Sensory Garden still looks good even through all the hot days we are having. When you water and see any weeding that needs to be done, please do so at your discretion. We are still planning the work day in September, or if it is too hot it will be in October.

Thank you to all of you who step up to keep our gardens in top shape.

Johnnie Pitts  
Sensory Garden Chair



# BULB & PLANT MART

THE GARDEN CLUB OF HOUSTON

HOUSTON, Texas: **The Garden Club of Houston** is pleased to announce its 76th annual Bulb and Plant Mart, October 12-13, 2018 at **Church of St. John the Divine**, 2450 River Oaks Blvd., Houston, Texas. Mart hours are 9:00 a.m. to 5:00 p.m. Friday and 9:00 a.m. to 3:00 p.m. Saturday. Featured speakers include: **Heidi Sheesley of Treesearch Farms** (Friday, 9:00 a.m.), **Susie Marten of Katy Prairie Conservancy** (Nine Natives presentation, Friday, 12:00 p.m.), and beekeeper **Shelley Rice** (Saturday, 10:00 a.m.). All sales are tax-exempt. Admission and parking are free.

The Mart was founded 76 years ago on the steps of the Museum of Fine Arts, Houston by seven determined plant lovers. Today, their small plant sale has grown to offer more than 500,000 top-quality bulbs from domestic and international suppliers. Ranging from Amaryllis to Zephyranthes, offerings include over 200 varieties of Tulips, Iris, Daffodils and Hyacinths, as well as small bulb favorites: Anemones, Crocus, Freesias, Ranunculi, and Watsonias. Gardeners of every experience level will discover hard-to-find and unusual Crinums, Daylilies, Gingers, perennials, trees, shrubs, vines, herbs and citrus plants, including exclusive offerings from the gardens of GCH members. Additionally, the Mart features the Nine Natives collection, a group of native flowers and grasses, grown from seed, that offer seasonal interest, provide a complete habitat for native pollinators, and are appropriate for an urban setting. We owe special thanks to **Katy Prairie Conservancy** for supplying many of the seeds and to **Memorial Park Conservancy** for sharing greenhouse space and helping with propagation and care.

**The Plants That Merit Attention Booth**, hosted by **Nancy Thomas**, horticultural award-winning GCH member and Garden Club of America Past President, and **Kingslea Von Helms**, GCA Zone IX Horticulture Award-winner, will be featured on Saturday morning and will offer noteworthy selections collected specifically for the Mart. Additional special exhibits will include the live butterfly tent from **The Houston Museum of Natural Science Cockrell Butterfly Center** and the **Conservation Booth**, which will feature a variety of native and drought tolerant plants curated by experts in ecological conservation and education.

Shop now for dazzling spring blooms. Over 100 different bulb varieties can be pre-ordered, with images and planting information, at [gchouston.org](http://gchouston.org). Pre-orders receive a **10% discount** and are tax exempt.

**Pre-orders must be received by Sunday, October 7th.**

### **About The Garden Club of Houston**

*Established in 1924, The Garden Club of Houston was founded by a group of civic-minded women interested in sharing their love and knowledge of gardening with the community and to promote and protect the quality of the environment through education, conservation and civic improvement. Recent recipients of proceeds from the Bulb & Plant Mart include Houston Botanic Garden, Asia Society Texas Center, Bayou Greenways 2020, Buffalo Bayou Partnership, Memorial Park Conservancy, Mercer Arboretum Society, Houston Audubon, Houston Hospice, Houston Museum of Natural Science, The Museum of Fine Arts, Houston/Rienzi and Urban Harvest. For additional information about the Bulb & Plant Mart and GCH, please visit [gchouston.org](http://gchouston.org).*

## Southern Garden History Society Program

The Southern Garden History Society, along with SFA Gardens, Friends of Historic Nacogdoches, Inc, and the Texas A&M AgriLife Extension Service will present *300 Years of Plants on the Move in Texas* in historic Nacogdoches, Texas, Friday and Saturday, October 5&6, 2018, to celebrate Texas' Tricentennial in gardening with tours, lectures, a book signing, and a reception. As a special treat, attendees will be able to attend the famous annual fall plant sale at the SFA Gardens' Pineywoods Native Plant Center. Lectures will cover a broad sweep of horticulture and garden history in Texas beginning with the Spanish era through pass-a-long *Narcissus*, garden scenes from the past, and modern introductions. Speakers include Jeff Abt, Dave Creech, Greg Grant, and William C. Welch. The event will be held at the prestigious, newly restored Fredonia Hotel and Convention Center (936-564-1234) where they have blocked off a number of rooms for the event.

The program starts on Friday morning with optional walking tours of historic downtown Nacogdoches or the Ruby Mize Azalea Garden at Stephen F. Austin State University's SFA Gardens. The Ruby Mize Azalea Garden is the largest and most diverse azalea garden in the state featuring hundreds of cultivars and thousands of plants.

### Program Highlights:

Southern Garden History Society board member Jeff Abt -- "Images from the Past-Lumber Town Landscapes and What They Tell Us."

Southern Garden History Society member Greg Grant -- "From Arcadia to Arcadia-Grannies, Kissing Cousins, and *Narcissus*."

Horticulturist and Director of SFA Gardens David Creech -- "Plants with Stories and Other Tall Tales."

William C. Welch, honorary board member and past president of the Southern Garden History Society -- "The Spanish Influences in Our Gardens-Celebrating 300 Years."

At 9 a.m. Saturday morning at SFA Pineywoods Native Plant Center, participants will have the opportunity to participate in SFA Gardens' annual Fall plant sale, which features hundreds of heirloom, hardy, and hard to find plants for Texas and the South, grown by SFA Gardens' volunteers, staff, and student workers. All proceeds from the plant sale support SFA Gardens' development, maintenance, and educational programming.

For more information on the program or a registration form, email: [fohni@yahoo.com](mailto:fohni@yahoo.com).

Greg Grant

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Greg's Ramblings blog: [arborgate.com](http://arborgate.com)

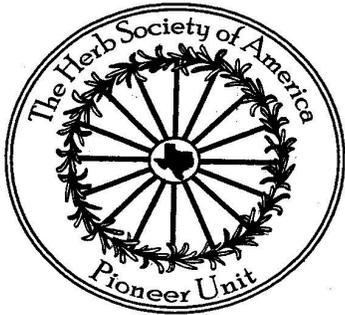
In Greg's Garden: [texasgardener.com](http://texasgardener.com)

# August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group	FH = Festival Hill SG = Sensory Garden		1	2	3	4
5	6	7	8	9 No Meeting	10	11
12	13	14	15	16	17	18
19	20 Mint Event at FH	21	22	23	24	25
26 Newsletter Deadline Send items to Irowlett@gmail.com	27	28	29	30	31	

# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group	FH = Festival Hill SG = Sensory Garden					1
2	3	4	5	6	7	8
9	10	11	12	13 Pioneer Unit Meeting	14	15
16	17	18	19	20	21	22
23 Newsletter Deadline Send items to Irowlett@gmail.com	24	25	26	27	28 District Gathering	29 District Gathering
30						



## PIONEER PATHS

Volume 25

Editor: Linda L. Rowlett, Ph.D.

Pioneer Paths is a publication of The Herb Society of America, Pioneer Unit. Nonmember subscriptions are available for \$10.00 per year.

The Mission Statement of The Herb Society of America: "To promote the knowledge, use, and delight of herbs through educational programs, research, and sharing the experience of its members with the community."

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Chair—Karen Cornwell

Vice Chair Programs—Kathe Forrest  
Secretary—Pat Cox

Vice Chair Membership—Georgia Sowers  
Treasurer—Beverly Elam

