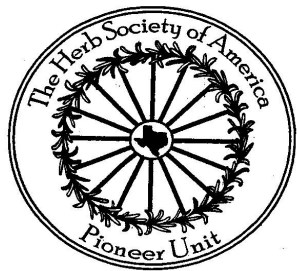


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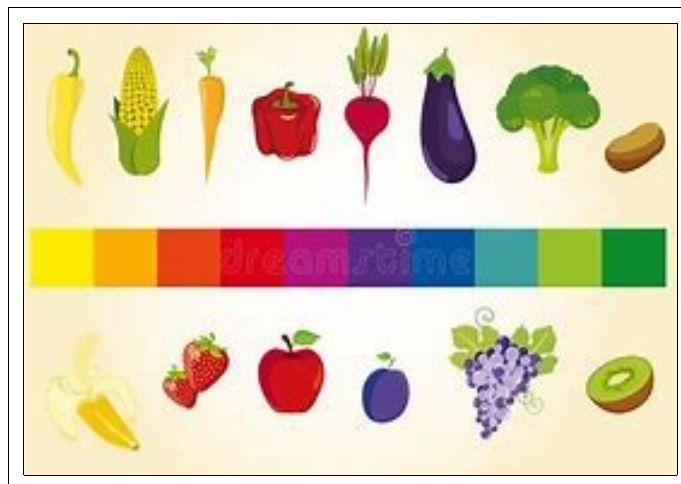


April 2019

Volume 26, Number 8

MONTHLY UNIT MEETING

- Date:** April 11, 2019
- Time:** 9:30 a.m. Meet and Greet
10:00 a.m. Presentation and Meeting
- Location:** St. John's United Church of Christ
516 North Colorado Street, Burton
- Directions:** From Highway 290, take 125 north into Burton. At North Brazos Street, turn right (north) to East Texas Street. Turn right and drive one block to North Colorado Street. The church will be on your left.
- Program:** Fine Art Wildflower and Nature Photography
- Speaker:** Bruce Leander
Lady Bird Johnson Wildflower Center
- Angel:** Lynn Ehler
Hosts: Cindy Nash, Ann Allen, Pat Cox, Mike Cox, Johnnie Pitts, and Kay Scanapico
- Lunch:** Colors of the Food Spectrum



April 17
Board Meeting
9:00 a.m.
Menke House

April 19
Sprouting Grass
Full Moon

April 26
Arbor Day



MESSAGE FROM THE CHAIR

Greetings all!

The best news is that the 24th Annual Herbal Forum was a success! It was nearly frigid on Friday, but the line of enthusiastic customers waiting for the Plant Sale opening went all the way to the parking lot. Preliminary figures look very good, but we should have more information at our April meeting. Planning for next year has already begun, so be sure to pass along any observations or suggestions to Forum Chairs. We always depend on input from all participants for fine-tuning our Forum processes and offerings. Many thanks to all of our volunteers, whether gathering, planning, braving the cold at the Plant Sale, working in Thyme Well Spent (TWSS), or clearing up afterward; we couldn't have done it without you! Needless to say, each and every one of you deserves a pat on the back for a job well done!

I am very happy to be back puttering around my little container garden and yard after a long, tiring, but fun week at Festival Hill. At home, my favorite plants this year are all the succulents that I either brought with me from Austin, found here and about, or purchased from the Plant Sale. I always underestimate succulents' hardiness, but they hang in there! Very few weeds in their pots, which is a good thing.

Upcoming events:

Is the Pioneer Unit interested in hosting a come and go station at this year's Brenham ISD's STEAM (Science, Technology, Engineering, ARTS, & Math) Night? The event is on April 25 from 5 to 7 p.m. If you are interested, please contact Johnnie Pitts, Marcella Ausmus, or Kathe Forrest for more information.

Our special event will be a trip to the Lady Bird Johnson Wildflower Garden and the Country Gardener in Austin, Texas, this year. The bus will be leaving from Festival Hill in Round Top at 8 a.m. sharp, April 26th. Kay Von Minden will provide an update at our April meeting. Contact Kay with your questions. Be sure to bring your checkbook if you have not yet paid. It should be a fun time!

The South Texas Unit is presenting an herb day symposium: Herbs from South of the Border, Saturday, April 27, 2019 (8:45 a.m. - 3 p.m.). More information can be found at <https://www.herbsociety-stu.org/herb-day.html>

The 2019 Educational Conference and Annual Meeting of Members is Thursday, June 13th through Saturday, June 15, 2019 in Madison, Wisconsin. For more information, go to <https://www.herbsociety.org/grow/edcon-2019-main.html>

Hope to see you at the April meeting.

Karen Cornwell
Unit Chair

FROM THE PROGRAM CHAIR

These glorious spring days suit me just fine! I am able to plant or pull weeds or lug rocks for flowerbeds without too much of a sweat. I am hoping that my tomato and basil and peppers that went in last week love the weather too!

Thanks to everyone at the Forum – what fun! The cold did not keep us from laughing and enjoying being together doing what we love – talking to folks about herbs!

Our presenter for April is Bruce Leander – husband to Patty who spoke to us about organic gardening. I am certainly looking forward to sitting back and looking at beautiful wildflower photos.

I have put together a short survey about past presenters and topics, which will be at each seat at the April meeting to give feedback. Now is the time when I search for more speakers, and the input from our members is needed.

The meeting place St. John's in Burton with potluck centered around the colors of the food spectrum.

See you there!
Kathe Forrest
Programs Chair



MINUTES OF UNIT MEETING
HERB SOCIETY OF AMERICA - PIONEER UNIT
MARCH 7, 2019

Karen Cornwell, Chair, welcomed members to the annual pre-Forum working meeting.

Tony Scanapico will be cleaning up the plant sale area with volunteers after the announcements.

Georgia Sowers welcomed visitors Jean Bachofner, Helen Foster, Debi Thomas, Sherrie Nolan (Myra Simmons' sister), and new members Ann Lugg and Leona Marshall.

Members who want lunch on the Saturday of Forum should sign up with Lori Yeats. Those wanting to pay for lunch on Friday should go to the Festival Hill office.

Henry Flowers will be cleaning up around Menke House with volunteers after the announcements.

Kay von Minden reminded members to sign up for the April 26 field trip to Lady Bird Johnson Wildflower Center and The Natural Gardener in Austin.

Cindy Nash asked members who are not going on the trip to consider volunteering to help Johnnie Pitts in the Brenham ISD sensory garden on the 26th of April.

The meeting was adjourned and members continued to work on TWSS and garden projects until lunch in the Menke House at noon.

Respectfully submitted,
Pat Cox
Secretary



MEMBERSHIP INFORMATION

Our Unit enjoyed a very productive turnout of prospective active member visitors, active, and affiliate members at our March Unit meeting, who all pitched in to help ready us for the Herbal Forum and Plant Sale 2019! Myra Simmons, guest of Betty Pior, was here for her fourth visit. Myra had her sister, Sheri Simmons Nolen, visiting with her for a first time, and she has also attended our Forum-Plant Sales in years past! Jean Bachofner, guest of Bev Elam, was visiting for her third time. Debi Thomas, guest of Belinda Weatherly, was here for her fifth visit. Lynda Perryman, guest of Susan Yancey, was here for her fifth visit as well. Patty Royal, guest of Pat Cox, was visiting for her third time. And Helen Foster, guest of Sherrie Tolbert, was here for her third visit. Our faithful affiliate members Marijane Lipscomb and Mary Sockwell were also in attendance and helping out in the Thyme Well Spent Shoppe. We're so happy to see all of these individuals and hope to see you again soon, possibly as our new members.

We welcomed and introduced our newest active member Leona Marshall, referred to the Unit by active member Linda Rowlett. Leona's address is 26797 Thyme Lane, in New Ulm, Texas 78950-4855. Her cell phone is 979-347-0047 and email address is leona32rose@yahoo.com. Leona's membership is effective March 2019, and her birthday is August 11th. This information will be in the next print of our yearbook and will be added to our streaming yearbook on the herbsocietypioneer.org website. You may update your current yearbooks. Leona is a very creative artist in clay, and she is excited to be learning about herbs from so many of us. Let's make her feel at home with us. Welcome to you, Leona!

And we have two more new active members, both effective March 2019! Debi Thomas was referred to our Unit by Belinda Weatherly. Debi and her husband Tommy live at 2266 Ehlinger Road in New Ulm, Texas 78950-5140. Her cell is 713-252-3033, and email address is dlthomas912@gmail.com. Her birthday is September 12th. Debi's contact information will be in the next print of our yearbook and will be in our current online yearbook at herbsocietypioneer.org. Please update your current yearbooks. Debi is another member who is also a Bluebonnet Master Gardener. She enjoys learning new ways of using herbs and also interacting with the members. Welcome to you, Debi!

New active member Lynda Perryman, also effective March 2019, was referred to our Unit by Susan Yancey. Lynda lives at 2449 Azalea, New Ulm, Texas 78950-2219. Her cell is 713-409-3514, and email address is lyndaperryman@yahoo.com. Lynda's birthday is October 18th. Her contact information also will be in the next print of our next yearbook and in our current online yearbook at herbsocietypioneer.org. You may update your current yearbooks. Lynda shares similar interests in herbs of learning new ways to grow and utilize them, and we're happy she is joining us. Welcome to you, Lynda!

By now, most of us have likely attained more than our required 20 volunteer hours and attendances at meetings, and Membership is happy to record these for you. Please feel free to continue emailing your hours or reporting them in the Registration Journal. Renewal time is approaching and dues payable on May 1. Active membership is \$67, and joint membership is \$98, payable to HSA Pioneer Unit. Renewal forms will be available this month at our meeting and also available online at www.herbsocietypioneer.org. A form is in this newsletter that you may print out, fill in, and either scan to file and email to gzsowers@att.net, or mail to Georgia Sowers, 607 Ross Street, Brenham Texas 77833-2764. You may bring your Renewal form with your payment to the April meeting. If you have any questions or comments about Membership, please email at the address above or call 979-836-8228 to guide you in the right direction.

Our Plant Sale, Gazebo, and the Thyme Well Spent Shoppe enjoyed another successful Forum 2019! Volunteers of the Month are all of you, active and affiliate members alike, as well as prospective active members, who again made our Pioneer Unit proud and successful with your dedicated volunteer efforts. You are appreciated beyond compare. Thank you, everyone!

It is wonderful to finally welcome Spring 2019 with our longer days and more time for gardening and fresh reprise from the wet and cold of Winter 2018 Past. Get out and enjoy the Season!

Herbally Spring,
Georgia Sowers, Membership Chair

****NEW ACTIVE MEMBER****

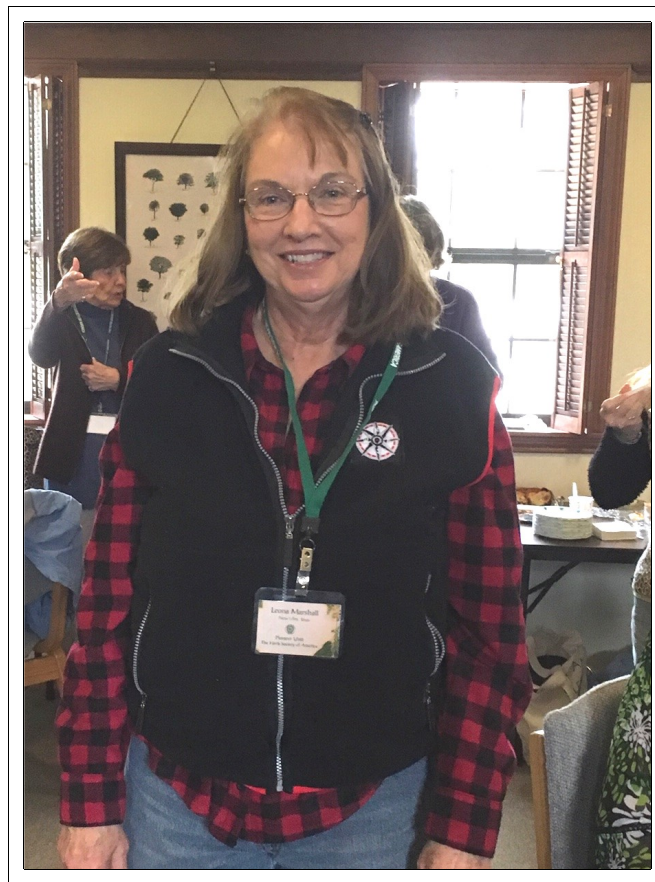
Our second new active member in 2019 is Leona Marshall, and now in her own words:

I have a Bachelor of Fine Arts from the University of Houston. I worked for 31 years with people with disabilities at Brookwood Community and The Center. I helped the clients express themselves through art.

I am retired. I am working to establish a pottery business, Leona Rose Pottery. I make hand built and wheel thrown pottery. Clay has always been my passion. My story with clay started in elementary school when my older sister came home from junior high school with a story about an Indian woman who made handmade coil pots which she burnished with slip and dung fired in pots. I do not know why this intrigued me so much, but it did. I started digging up clay at my grandparents' home and sun-drying my creations and glazing them with fingernail polish. I have recently traveled to Santa Fe, New Mexico, and met the great grandson of Maria Martinez.

I am currently single and have one son who is 30 years old. I stay busy weekly making pottery, teaching classes, and helping my older sisters.

Leona Marshall



HSA PIONEER UNIT MEMBERSHIP RENEWAL APPLICATION

Due May 1

Name: _____ Spouse: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Cell: _____ E-Mail: _____

Birthday (Month/Day): _____ Today's Date: _____

Membership Category

- Active - single \$67/ joint \$98
- Life – single \$12/ joint \$18
- Affiliate (Unit or Member-at-Large) - single \$12/ joint \$18

(Make check payable to HSA-Pioneer Unit and give to Membership Chair at meeting or Mail to HSA-Pioneer Unit, ATTN: Membership, P O Box 23, Round Top TX 78954)

Program Recommendations:

Field Trip Recommendations:

Please check accordingly: I HAVE or HAVE NOT COMPLETED THE REQUIRED 20 VOLUNTEER HOURS
Active Members: HOW DO YOU PREFER TO FULFILL YOUR REQUIRED 20 VOLUNTEER HOURS?

- Working in any Unit-sponsored garden, such as Festival Hill or Brenham ISD, and any other Unit-approved garden, or seed cleaning
- Herbal Forum at Round Top and Forum preparation throughout year supporting efforts pertaining to preparation of items, such as Thyme Well Spent Shoppe, as well as mail outs, packets, and plant sale preps
- Hosting at a meeting, including a.m. refreshments, setup/cleanup, decorating, serving lunch, including Angel duties
- Educational activities for promoting the knowledge, use, and delight of herbs, such as presentations (including a/v), research articles for newsletter (up to 4 hours prep), participation in education events
- Unit administration, such as hours spent performing duties as Officer or Unit Board of Directors member, maintaining or updating Unit scrapbook, sending greeting cards to Unit members
- Other approved activities as the Board of Directors may approve after review. We can work with you to find volunteer opportunities.

WE WELCOME YOUR COMMENTS, RECOMMENDATIONS, AND SUGGESTIONS:

(Please utilize another sheet if necessary)

CULINARY GROUP

April: Making Preserved Lemons

Bring sharp knife, pint size glass jar and lid, and small cutting board

Menke House

Date Wednesday, April 3

Time: 11 a.m. to 1 p.m.

Bring a salad or sandwich to share for lunch (keep it small).

Thanks.

Sara Holland

THYME WELL SPENT NOTICE

We will be selling leftover products from Thyme Well Spent Shop at a discount at our April meeting. Please note we will take cash and checks but no credit cards.

Thank you,
Pat Cox and Jane Press
Cochairs

SILENT AUCTION

Thank you to everyone who contributed an item or bid on an item for the Silent Auction held at the Herbal Forum. The Auction took in \$761 to be contributed to the Intern for the National Herb Garden.

Linda Rowlett and Ann Lugg
Cochairs

APRIL BIRTHDAYS

- April 11 — Susan Bame
- April 22 — Ann Allen
- April 24 — Catherine Gardiner
- April 30 — Pat Schmidt



REQUESTED RECIPE

Crème Brulee French Toast

3/4 cup butter (1 1/2 sticks)
1 1/2 cups firmly packed brown sugar
3 tablespoons corn syrup
1 loaf bread sliced one-inch thick (recipe calls for challah; I used French bread.)
6 eggs
2 cups half and half
2 cups milk
1 teaspoon vanilla extract
1/3 cup sugar
1/2 teaspoon salt
Powdered sugar for dusting (I scattered berries on top instead)

Lightly butter a 9-inch by 13-inch baking dish and set aside. Melt the butter and brown sugar with the corn syrup in a small sauce pan over medium heat. Stir until smooth and bubbly. Pour the mixture into the prepared baking dish.

Arrange the bread slices on top in rows, slightly stacking the bread.

In a large bowl, mix the eggs, half and half, milk, vanilla, sugar, and salt until well combined. Pour evenly over the bread.

Cover with foil and chill for at least 8 hours or overnight.

Preheat oven to 350 degrees. Bake until set in the center, approximately 45 minutes. Then uncover and bake an additional 15 minutes until golden. (I usually find I need more than an hour cooking time.)

Dust with powdered sugar or sprinkle fruit on top or whatever suits your fancy. Serve with the sauce from the dish.

Peace Meals from the Junior League of Houston



HERB SOCIETY OF AMERICA EdCon

Make your reservations ASAP!

www.herbsociety.org/grow/edcon-2019-main.html

The Herb Society of America heads to Madison for the Annual Meeting of Members and Educational Conference.

Thursday, June 13; Friday, June 14; and Saturday, June 15, 2019

Madison, Wisconsin

Madison offers over 200 miles of walking trails, free weekly concerts, a funky restaurant scene, interesting cultural events, and vibrant farmers market. There is a strong interest in gardening, herbs, permaculture, and living a healthy lifestyle. This youthful city will more than satisfy our insatiable quest for interesting plant knowledge and garden experiences.

Upcoming Webinars Register at herbsociety.org

April: Beyond Rosemary, Basil, and Thyme with Theresa Mieseler, on Wednesday, April 24, 2019 - 1 p.m. Eastern

Perhaps you have thought about expanding and growing something different in your herb garden! While many of us grow herbs such as basil, rosemary and thyme, there are other, less common herbs that are well worth growing, too – perfect for bringing exciting and unexpected flavors to foods and drinks, and beauty to your garden! Maybe you will find a place in your garden and kitchen for these unique herbs. Theresa Mieseler



May: How to Grow and Use Luffa (Loofah) with Janice Cox, author of *Natural Beauty at Home*, on Tuesday, May 14, 2019 - 1 p.m. Eastern

June: A Taste for Herbs with Sue Goetz, author of *A Taste for Herbs*, on Wednesday June 20, 2019 - 1 p.m. Eastern

July: Incredible Edibles: Flowers in the Kitchen, with Susan Belsinger, HSA Honorary President, on Thursday, July 25, 2019 - 1 p.m. Eastern



Remember: if you cannot make the live webinar, you can find all past webinars archived at herbsociety.org

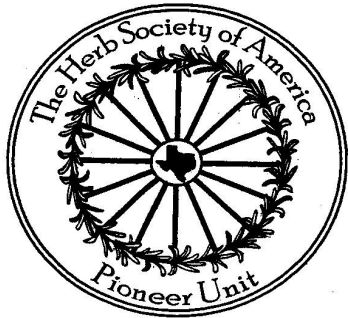
April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 CG at 11:00 Menke House	4	5	6
7	8	9	10	11 Pioneer Unit Meeting	12	13 
14	15	16	17	18	19	20
21 	22 Newsletter Deadline lrowlett@gmail.com	23	24	25	26 PU Field Trip	27 South Texas Unit Herb Day
28	29	30			BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden



May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden		1 CG at 11:00 Menke House	2	3	4
5	6	7	8	9 Pioneer Unit Meeting	10	11
12 Mothers' Day 	13	14	15	16	17	18
19	20	21	22	23	24	25
26 Newsletter Deadline lrowlett@gmail.com	27	28	29	30	31	



PIONEER PATHS

Volume 26

Editor: Linda L. Rowlett, Ph.D.

Pioneer Paths is a publication of The Herb Society of America, Pioneer Unit. Nonmember subscriptions are available for \$10.00 per year.

The Mission Statement of The Herb Society of America: "To promote the knowledge, use, and delight of herbs through educational programs, research, and sharing the experience of its members with the community."

Chair—Karen Cornwall

Vice Chair Programs—Kathe Forrest
Secretary—Pat Cox

Vice Chair Membership—Georgia Sowers
Treasurer—Beverly Elam

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