



PIONEER PATHS

Newsletter of the Herb Society of America
Pioneer Unit

September 4
Labor Day

September 6
Harvest Full Moon



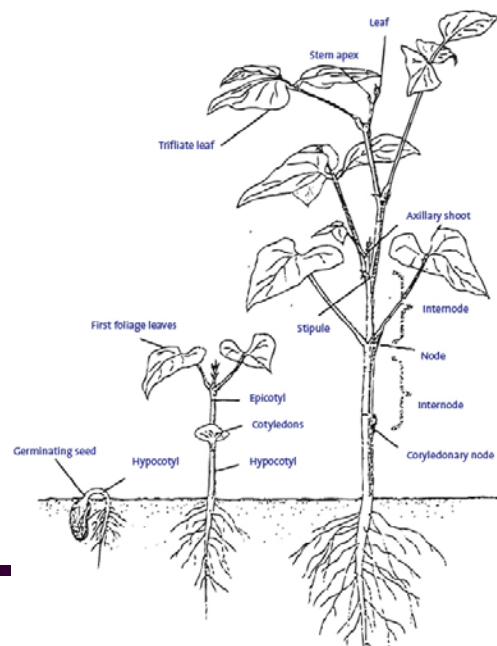
September 22
Autumnal Equinox
(First Day of Fall)

September 2017

Volume 25, Number 1

MONTHLY UNIT MEETING

- Date: September 14, 2017
- Time: 9:30 a.m. Meet and Greet
10:00 a.m. Presentation and Meeting
- Location: St. John's United Church of Christ
516 North Colorado Street, Burton
- Directions: From Highway 290 head north on East Mulberry Street
(Texas 125 Loop) in Burton; turn right on North Colorado
- Program: Basic Botany Made Fun
- Speakers: Henry Flowers
- Angel: Pam Traylor
Hosts: Pat Cox, Mike Cox, Sue Edmundson, Verena
Aeschbacher, and Peggy Trochta
- Lunch: Salute to Salads



MESSAGE FROM THE CHAIR

Greetings to all!

I hope that everyone is looking forward to a new year with the Pioneer Unit. Phoebe Lake has put together an impressive list of programs, and we should be educated and entertained every month. Georgia Sowers has been working on our membership information; we have a new Yearbook to peruse. Lucy Nehrkorn has developed a new budget to keep our finances on track, and Pat Cox provides a refreshing take on our minutes each month. All our committee chairs and co-chairs are working hard to keep unit activities buzzing along. I am very excited to hear of upcoming special events from our new Special Events Co-Chairs Mary Reeves and Kay Von Minden. I'm sure they could use any volunteers who would be willing to share time, ideas and talents with them. We all love field trips!

My thanks to everyone who has assisted with getting this new year off and running. We could not have this organization without all of you who are willing to volunteer your time and interests. Let's work together, and have some fun while we're at it!

We repeat all of the tasks for our herb gardens, our flowers, our trees, and even ourselves every year. But with that repetition also comes change. Some of the trees get bigger. Some of the plants may not have made it through the long, hot summer. My meager garden has been especially hard hit over July, but I plan to begin anew this fall and with high hopes. Repetition and change, the cycle continues. So, too, our cycle of events for the Pioneer Unit continues, repeating meeting places and events, but always with something new as well.

Take care. See you in September.

Karen Cornwell
Pioneer Unit Chair



FROM THE PROGRAMS CHAIR

When I began writing this, Harvey was just a storm on the way. I wondered how my plants would survive, particularly the potted ones, and I began to bring them in under cover. Concern for plants quickly faded as the storm arrived. Friends and family became our main concerns. Harvey is here now and predicted to stay for a few more days causing unprecedented damage.

This morning the rain stopped for a short time and amazingly, I saw a hummingbird in my garden! Where was he (or she) during those torrential rains? Never mind: that small bird was a simple sign of the recuperative power of nature and, indeed, all of us.

Hoping this finds all of our Pioneer Unit members safe and sound. I look forward to seeing you all on September 14 at St John's United Church of Christ in Burton. Henry will be speaking on "Basic Botany Made Fun."

Sounds like fun to me! See you there.

Phoebe Lake
Programs Chair

Did you know?

A hummingbird must consume half its weight daily in sugar!



MEMBERSHIP INFORMATION

All of us enjoyed a month off in August to catch up on personal life, vacation, visit with friends and family, and just happily look forward to the end of Summer. We hope our Pioneer Unit Yearbook will be ready for us at our meeting this month, which will be at St John's United Church of Christ in Burton.

We will be welcoming and introducing our newest active members at this meeting. Patty Mills is first to join us for our new year, with her membership effective July 2017. And next will be Peggy Richardson, with her membership effective August 2017.

Any questions or comments about Membership may be emailed to gzsowers@att.net, or call [979-836-8228](tel:979-836-8228) so I can help out. Others of our members also are willing to help.

Enjoy a great beginning of Fall and I'll be glad to see you September 14th in Burton!

Georgia Sowers
Membership Chair

NEW ACTIVE MEMBER!

In August 2017 Peggy Richardson became our second member early in our new year. She was referred to our Unit by active member Lori Yeats. Peggy lives at 5034 Roznov Road in Fayetteville, Texas, 78940-5250. Her home phone is (979) 249-4060, and her cell is (281) 387-8978. Her email is peggyrichardson@sbcglobal.net, and her birthday is August 1. Peggy's husband is Kent, and her information will be available in our new yearbook. You may also update your current yearbook in the interim.

Peggy has a great deal of gardening background, with family in Kentucky and Ohio involved with tobacco farming and later a garden, fruit trees and grapes. After school she moved to Texas and met her husband Kent; they have four children and toward the end of this month will have five grandchildren. Peggy and her family moved from northwest Houston to their home full-time in 2013 after being weekenders. As her husband stated, "We drank the Kool-Aid and fell under the spell of Round Top magic."

Peggy's husband is a CPA, and she's had a varied career in manufacturing, theology, and pastoral, as well as managing a law firm. Now they spend time with family and friends and nurturing a small lavender farm and its usual business and challenges. Please get to know and welcome Peggy: she is really nice to visit and interact with. Welcome to you, Peggy. We're happy to have you in our Unit!!

APPLICATION DEADLINE FOR MEMBER SCHOLARSHIPS – SEPTEMBER 14

The deadline is nearing to apply for a Member Scholarship for anyone who wishes to do individual study and research. The only requirement is that the member must agree to present the results of his or her study in some way to the unit.

To apply, submit your name, phone number or email address, and a brief description of the proposed use of funds to the Chair of the Scholarship Committee, Kay Robbins. The Pioneer Unit annually awards up to two \$150 scholarships in October. The deadline to submit an application is by the Unit meeting on September 14.

The form below may be used to apply for a scholarship.

Application for Member Scholarship

Name _____

Address _____

Phone Number _____

Proposed Use of Funds _____



July 26, 2017 PIONEER UNIT BOARD MEETING Held at Festival Hill

Present: Karen Cornwell, Phoebe Lake, Georgia Sowers, Lucy Nehrkorn, Henry Flowers, Lynn Ehler, Cindy Nash, Susan Bame, Kay Robbins, Jane Press.

Programs: Phoebe Lake, Vice Chair Programs, presented a summary of Programs for the coming year.

Membership: Georgia Sowers, Vice Chair Membership, reported new active member Patty Mills and new affiliate member Patricia Hoffmaster. Sue Edmundson and Lois Sutton have renewed as affiliate members. Affiliate members Susan Wittig Albert and Cindy Rollins elected not to renew membership.

Motion: Upon a motion duly made and seconded, the Board voted unanimously to ratify the new active member and the status of the affiliate members.

Treasurer: Lucy Nehrkorn, Treasurer, distributed copies of the PU Quarterly Income Statement and PU Budget Summary Report for 3 Months Ending June 30, 2017. Checking account balance is \$63,340.37.

It was agreed that the Education budget would be increased to \$1,000.00 with \$300.00 each going to the Botany Group and Culinary Group; the Festival Hill budget would be increased to \$3,500.00; the Sensory Garden budget would be increased to \$700.00; and the Storage Unit budget increased to \$725.00.

Motion: Upon a motion duly made and seconded, the Board voted unanimously to approve the Treasurer's Report with changes noted.

Standing Committee Reports

Archives and Rosemary – Lynn Ehler said all is good with Rosemary and Archives.

Scholarships – Kay Robbins reported that Henry Flowers and Phoebe Lake received Unit scholarships of \$150.00 each, Henry for a Botany program and Phoebe for a Biblical Herbs program. A \$2,000.00 scholarship was awarded to Randa G. Homann, a student at Texas A&M University.

Gardens – Henry Flowers reported Festival Hill is in maintenance mode and can always use more volunteers on Tuesdays. Susan Bame reported the Sensory Garden is doing well and she would like to have a group take turns watering.

Communications – Cindy Nash reported questions from members regarding how to get into the magazine.

Plant Sale/Gazebo – Karen Cornwell advised that Diana Reed has agreed to co-chair with her on the Plant Sale.

Motion: Upon a motion duly made and seconded, the Board voted unanimously to approve Diana Reed to co-chair the Plant Sale with Karen Cornwell.

Thyme Well Spent Shoppe – Jane Press reported that TWSS is looking for a Hospitality committee chair. Henry advised that Georgetta Welch will take over the labels that Henry normally handles.

New Business

Karen Cornwell, Chair, wants to promote the practice of appointing co-chairs for Unit positions as they need filling. Past Chair Henry will review applications and renewal forms to gather information.

Respectfully submitted,
Georgia Sowers for Pat Cox, Secretary

THYME WELL SPENT

We ask all members to please remember we like to recycle, so please save any jars and bottles from products you purchased from the Thyme Well Spent Shop. We also need 8-ounce jelly jars and any fruits such as figs, berries and peaches. Any dried herbs such as oregano, basil, thyme, rosemary, lemon verbena, elderberries, mints, dill and parsley you have can be used in our dried seasonings and teas. You can give these items to Pat Cox or Jane Press and we will get them to the right person. Any seeds that you collect can be given to Susan Lake.

If you have any new ideas for items to sell in the Thyme Well Spent Shop, please let us know. We are open to new ideas!

Thanks a lot!
Pat Cox and Jane Press
Thyme Well Spent Shop Co Chairs



September Birthdays

September 2 — Kay Scanapico

September 13 — Janie Plummer

September 15 — Pat Cox and Sue Edmundson

September 17 — Lucia Bettler

September 22 — Linda Hartson

September 27 — Jane Press

September 30 — Georgetta Welch

The Herb Society of America, Pioneer Unit
Botany Study Group Data Sheet

Botanical Name/Etymology: *Tamarindus indica*

Family Name: Fabaceae

Common Name: Tamarind, Indian date

Origin: tropical Africa - -now widespread throughout the tropics.

Growth Habit: Evergreen tree 80 to 100 feet tall (long-lived) with thick gray bark and strong branches. Leaves are pinnate 4-6 inches long, fernlike, and feathery. May drop their leaves if exposed to drought conditions. Trees bear fruit as early as 4th year; however, depending on conditions, may not bear fruit for 10-14 years and will bear fruit for 50-60 years before productivity declines. Flowers are yellow with pink streaks and resemble small orchids. Seed pods grow on new branches. Pods start off green and change to brown. When ripe, the pods house kidney-shaped seeds surrounded by a sticky sweet pulp -- nature's way of attracting animals to spread the seeds.

Growth Requirements: Light, well-drained soil in sun. Hardiness 59-64 degrees F.

Propagation: seed or cuttings in moist rich soil in tropical conditions

History: References to tamarind trees in Hindu mythology. Arabs and Persians were most likely first exposed to tamarind, also called Indian date. Tamarind was used by the Greeks as early as 4th century .

Plant Parts Used: Fruits

Harvest: When seeds are brown and dried on branches

Culinary Uses: Dried fruits act as a souring agent, like lemon juice, in curries, fish dishes, chutneys, sauces (e.g. Worcestershire sauce). Thai cooking and sweet and sour dishes. Candy. Immature pods are eaten fresh, pickled, or added to soups, stews, and sauces. Used as a beverage in Mexico and Costa Rica.

Medicinal Uses: Internally for fevers, asthma, and nausea in pregnancy. Externally for sore eyes, ulcers, and rheumatism. Combined with Senna in laxatives.

Other Uses: South Asian craftsmen produce furniture, tools, boats and dyes from the wood.

Sara Holland



September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden				1	2
3	4	5 FH Workday 8:30 to noon	6 No CG Meeting	7	8	9
10	11	12 FH Workday 8:30 to noon	13	14 Pioneer Unit Meeting	15	16
17	18	19 FH Workday 8:30 to noon	20	21 BSG Festival Hill	22	23
24	25	26 FH Workday 8:30 to noon	27	28	29	30



October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 FH Workday 8:30 to noon	4 Culinary Group 11:00 to 1:00 Menke House	5	6	7
8	9	10 FH Workday 8:30 to noon	11	12 Pioneer Unit Meeting	13	14
15	16	17 FH Workday 8:30 to noon	18	19 BSG Festival Hill	20	21
22	23	24 FH Workday 8:30 to noon	25	26 SG Workday 8:30	27	28
29	30	31 FH Workday 8:30 to noon			BSG = Botany Study Group CG = Culinary Group	FH = Festival Hill SG = Sensory Garden





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Editor: Linda L. Rowlett, Ph.D.

Pioneer Paths is a publication of The Herb Society of America, Pioneer Unit. Nonmember subscriptions are available for \$10.00 per year.

The Mission Statement of The Herb Society of America: "To promote the knowledge, use, and delight of herbs through educational programs, research, and sharing the experience of its members with the community."

Chair—Karen Cornwall

Vice Chair Programs—Phoebe Lake
Secretary—Pat Cox

Vice Chair Membership—Georgia Sowers
Treasurer—Lucy Nehr Korn

